









**FULL SCHEDULE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dojo Opens 9am	Dojo Opens 10am	Dojo Opens 9am	Dojo Opens 10am	Dojo Opens 11:30am	Dojo Opens 9:30am
<b>9:45am – 10:45am</b> All Belts <u>Nidaime</u>		<b>9:45am – 10:45am</b> All Belts <u>Nidaime</u>			<b>10:30am – 11:15am+</b> Mommy/Daddy & Me (PeeWee/Juniors) <u>Senpai Carl</u> <u>Senpai Ed</u>
					<b>11:15am – 12:15pm</b> White Belts <u>Senpai Les</u>
<b>12:30pm – 1:30pm</b> All Color Belts <u>Nidaime</u> White Belts <u>Senpai Guido</u>	<b>12:30pm – 1:15pm</b> Kata <u>Nidaime</u> <b>1:15pm – 1:45pm</b> Kumite <u>Nidaime</u>	<b>12:30pm – 1:30pm</b> All Belts <u>Kaicho</u>	<b>12:30pm – 1:15pm+</b> Endurance <u>Nidaime</u>	<b>11:30am – 5:30pm</b> Reserved for Seminars	<b>11:15am – 12:15pm+</b> Youth <u>Senpai Carl</u> <u>Senpai Ed</u>
					<b>12:15pm – 1:15pm</b> Color Belts <u>Senpai Les</u>
					Dojo Closes 1:30pm
<b>4:30pm – 5:15pm+</b> Junior <u>Senpai Guido</u>	<b>4:30pm – 5:00pm+</b> Pee Wee <b>4:30pm – 5:15pm+</b> Junior <u>Kyoshi Vincent</u>	<b>4:30pm – 5:30pm+</b> Youth <u>Kyoshi Vincent</u>	<b>4:15pm – 4:45pm+</b> Pee Wee <b>4:15pm – 5:00pm+</b> Junior <u>Nidaime</u>		<p><b>KEY:</b></p> <p> = core classes</p> <p> = non-core classes</p> <p> = children's classes</p> <p><b>For all Students:</b>        In order to promote, ¾ of the minimum number of required classes must be core classes (example: 15 core classes for every 20 required)</p>
<b>5:15pm – 6:15pm+</b> Youth <u>Senpai Guido</u> <u>Senpai Ed</u>	<b>5:15pm – 6:15pm+</b> Youth <u>Kyoshi Vincent</u>	<b>5:30pm – 6:00pm+</b> Pee Wee <b>5:30pm – 6:15pm+</b> Junior <u>Kyoshi Vincent</u>	<b>5:00pm – 6:00pm+</b> Youth <u>Nidaime</u>		
<b>6:15pm – 7:15pm</b> White-Adv. Yellow Belts <u>Senpai Guido</u> <u>Senpai Ed</u>		<b>6:15pm – 8:00pm</b> Seido Instructor Training Session/ Seminars (INSTRUCTORS ONLY)	<b>6:15pm – 7:00pm+</b> Endurance <u>Nidaime</u>	<b>6:30pm – 7:30pm</b> All Color Belts <u>Kaicho</u> White Belts <u>Senpai Carl</u>	
	<b>6:30pm – 7:30pm</b> White Belts <u>Kyoshi Vincent</u> <b>6:45pm – 7:45pm</b> Color Belts <u>Senpai Les</u>		<b>7:00pm – 8:00pm</b> All Color Belts <u>Nidaime</u> White Belts <u>Senpai Ed</u>	<b>7:30pm – 8:15pm</b> Meditation Class (3 <sup>rd</sup> Friday/ea. month) <u>Kaicho</u>	
Dojo Closes 7:30pm	Dojo Closes 8pm	Dojo Closes 6pm	Dojo Closes 8:15pm	Dojo Closes 7:45pm (Closes 8:15pm after Meditation)	

**KEY:**

 = core classes

 = non-core classes

 = children's classes

**For all Students:**  
 In order to promote, ¾ of the minimum number of required classes must be core classes (example: 15 core classes for every 20 required)

**NOTE:**

+ Indicates classes that are held on the first floor.

Underlined names indicate instructor(s) for each class.