



**WORLD SEIDO KARATE ORGANIZATION**  
**35<sup>TH</sup> ANNIVERSARY TOURNAMENT – OCTOBER 15, 2011**  
**RULES & REGULATIONS**

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***TOURNAMENT TEAM COMPETITION***

**FORMATION OF TEAMS**

- ❖ Team members will be selected randomly to comprise each tournament team
- ❖ Each Team will receive a designated color with a corresponding bracelet to be used as an identifier (to be distributed at check-in on the day of tournament)
- ❖ Each team will be formed in such a way that all teams will have an equal chance of accumulating the maximum number of points. For example:
  - ▲ Team Red has 10 competitors: 8 competitors entered one event and 2 competitors entered two events: Total Events = 12
  - ▲ Team Blue has 12 competitors and each competitor has entered one event: Total Events = 12

**DETERMINING THE WINNING TEAMS**

- ❖ There will be awards for the top three (3) scoring teams.
  - ❖ Points will be tabulated by adding the total scores from each team member's event/s. See corresponding sections below for scoring criteria for Kata, Kumite, and Breaking.
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**KATA**

**DIVISIONS:**

- ❖ There will be separate divisions for men and women.
- ❖ There will be a separate division for each kyu level (i.e., Brown and Advanced Brown will be separate divisions) regardless of the number of competitors in any division.
- ❖ First through Third place winners in each division will be placed. In black belt divisions, the Fourth place winner, if competing for Sogo, will receive 1 (one) point.

▲ <b>Master's (includes Bo &amp; Sai)</b>	(4 <sup>th</sup> & 5 <sup>th</sup> Dan only)
▲ <b>Sandan (includes Bo)</b>	(All Adults)
▲ <b>Nidan (includes Bo)</b>	(All Adults)
▲ <b>Shodan (includes Bo)</b>	(All Adults)
▲	

▲ <b>Brown Belt</b>	(1 <sup>st</sup> & 2 <sup>nd</sup> Kyu - All Adults)
▲ <b>Green Belt</b>	(3 <sup>rd</sup> & 4 <sup>th</sup> Kyu – All Adults)
▲ <b>Yellow Belt</b>	(5 <sup>th</sup> & 6 <sup>th</sup> Kyu – All Adults)
▲ <b>Blue Belt</b>	(7 <sup>th</sup> & 8 <sup>th</sup> Kyu – All Adults)
▲ <b>White Belt</b>	(9 <sup>th</sup> & 10 <sup>th</sup> Kyu combined – All Adults)

**GENERAL**

The kata performed must be up to or equal to the competitor's current rank.

- ❖ A competitor may not combine two or more katas.
- ❖ Katas may not be performed to music and no two-person katas are allowed.
- ❖ All katas must be part of the syllabus as recognized by the *World Seido Karate Organization*.
- ❖ The first 3 competitors will perform their katas without receiving a score. After the 3<sup>rd</sup> competitor completes his/her kata, the first competitor will return to the ring and receive his/her score, followed in order by the 2<sup>nd</sup> and 3<sup>rd</sup> competitors.
  - ❖ The remaining competitors will receive their scores immediately following their katas.

**THIS DOES NOT APPLY TO MASTERS DIVISION – EACH MASTERS DIVISION COMPETITOR WILL BE SCORED IMMEDIATELY (also, there is NO option in Masters for the 1<sup>st</sup> competitor to go again)**

**SCORING**

- ❖ Scoring will be on a 6 to 10 point scale.
  - ▲ 1/2-points will be allowed from 6– 8.5 (6, 6.5, 7, 7.5, 8, 8.5).
  - ▲ Tenths of a point will be allowed from 8.5 – 10 (8.5, 8.6, 8.7, 8.8, 8.9, 9.0, 9.1, 9.2, 9.3, etc.).

The numbers represent:	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	Poor	Average	Good	Excellent	Perfect

- ❖ A competitor may start their kata over, however, each judge must subtract 1 point from the individual score they would have given the competitor had they not repeated the kata (e.g., if a judge would have scored the competitor a 9.5 upon completion without starting over, then the same judge must submit a score of 8.5 if that competitor starts over).
- ❖ The high and low score for each contestant will be dropped. The remaining 5 scores will then be added together, the sum of which will be the "Total Score" for the contestant's performance.
- ❖ The "Total Score" will be the number of points applied to the competitor's tournament team overall score.

**Scoring Criteria** - A contestant's kata shall be evaluated on the following criteria:

- |                                    |                              |
|------------------------------------|------------------------------|
| ▲ Strength / Energy                | ▲ Eye position               |
| ▲ Focus and crispness of technique | ▲ Accuracy of kata           |
| ▲ Balance                          | ▲ Kiai / Spirit              |
| ▲ Posture                          | ▲ Discipline / Presentation  |
| ▲ Fluidity & rhythm                | ▲ Attitude and concentration |



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**INDIVIDUAL KUMITE**

*TOURNAMENT COMPETITION WILL BE BASED ON "POINT SYSTEM"*

**EQUIPMENT**

**MANDATORY EQUIPMENT**

- ❖ Headgear
  - ▲ Back of head must be protected
- ❖ Mouth Guard
- ❖ Groin Cup (for men)
- ❖ Chest Guard (for women)
- ❖ Hand Protectors
  - ▲ Must be at least ½ inch thick and foam dipped (not vinyl covered)
  - ▲ Must cover the entire fist, knuckles and fingers
- ❖ Foot Protectors
  - ▲ Must be at least ½ inch thick and foam dipped (not vinyl covered)
  - ▲ Must cover the top, front (including toes), sides and back of the foot

**OPTIONAL EQUIPMENT**

- ❖ Chest Protector for men
- ❖ Groin cup for women
- ❖ Forearm guards
- ❖ Shin guards

**EQUIPMENT NOT ALLOWED**

*The acceptability of a competitor's protection and equipment is subject to the sole decision of the Chief Referee for that match*

- ❖ Torn safeties
- ❖ Boxing, Kick Boxing, or Bag Gloves (leather-covered boxing equipment)
- ❖ No hand wraps or taping of hands will be allowed
  - ▲ Without a note from a medical doctor, the decision will be made by the Chief Referee as to whether or not to allow for taping or wrapping for health or medical reasons.
- ❖ Tape will not be permitted on the striking surface
- ❖ No other protective equipment is allowed without the prior consent of the Tournament Review Committee



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***INDIVIDUAL KUMITE (CONTINUED)***

**TECHNIQUES**

**LEGAL TECHNIQUES**

- ❖ Hand
  - ▲ Punch (forefist)
  - ▲ Backfist (though spinning backfists are prohibited)
  - ▲ Ridgehand
- ❖ Legs
  - ▲ Kicks: Front Snap, Roundhouse, Hook, Side, Back straight, Back spin, Inside-outside and Outside-inside Axe
  - ▲ Sweeps – [*BLACK BELTS ONLY*] must be followed immediately by a legal technique that is delivered before the opponent hits the floor
    - If a legal technique is attempted but misses, there will be no warning
    - If no legal technique is attempted, a warning will be issued
- ❖ Target Areas
  - ▲ Midsection and sides of body (above the belt, below the neck)
  - ▲ Face and head area (see division rules for details)
    - A warning will be issued for punching past the head or face

**ILLEGAL TECHNIQUES**

- ❖ Hand
  - ▲ Grabbing
  - ▲ Ground-fighting (no points will be awarded for techniques delivered from the ground)
  - ▲ Spear hand
  - ▲ Knife hand
  - ▲ Palm heel
  - ▲ Hammerfist
  - ▲ Elbows
  - ▲ Spinning backfists
- ❖ Legs
  - ▲ Knee kicks
  - ▲ Low leg kicks
- ❖ Target Areas
  - ▲ Eyes
  - ▲ Neck (front, sides & back)
  - ▲ Top/back of head
  - ▲ Back
  - ▲ Groin
  - ▲ Kidneys
  - ▲ All other areas below the waist (there is no kicking to legs or joints)



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**INDIVIDUAL KUMITE (CONTINUED)**

**DIVISIONS**

- ❖ **Black Belt Division:** There will be separate weight class divisions for men and women.

WEIGHT DIVISION	MEN	WOMEN
Lightweight	Under 150 lbs (under 67.5 kgs)	under 125 lbs (under 56.25 kgs)
Middleweight	150-174 lbs (67.5 – 78.9 kgs)	125-139 lbs (56.25 – 63 kgs)
Light Heavyweight	175-189 lbs (79.5 - 85.7 kgs)	140-154 lbs (63.5 – 69.9 kgs)
Heavyweight	190 lbs and over ( 86.2 kgs and over)	155 lbs and over (70.3 kgs and over)
Seniors (Ages 50 +)	All weights	All weights

**WEIGH-IN:** *All competitors will weigh in wearing their full gis and belts. No weight differential will be allowed for clothing (i.e. a black belt man weighing in at 190, wearing his gi and belt, will fight in the heavyweight division)*

*If a competitor does not weigh in by 10:00 a.m., he/she will automatically be placed in heavyweight division.*

- ❖ **Green / Brown Belt Division:** There will be separate divisions for men and women:
- **Green:** 3<sup>rd</sup> & 4<sup>th</sup> kyu All weights & ages
  - **Brown:** 1<sup>st</sup> & 2<sup>nd</sup> kyu All weights & ages



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***INDIVIDUAL KUMITE (CONTINUED)***

**GENERAL RULES**

❖ **CONTACT LEVEL**

⤴ Black Belt Division

- Light to medium contact to permitted target areas
- **Controlled/Light** contact permitted to the sides of headgear. **No** contact to face, top/back of head, neck or groin area

⤴ Green and Brown Belt Division

- Light to medium contact to permitted target areas
- **No** contact to the face or head area will be allowed *whatsoever*

❖ **WARNINGS & DISQUALIFICATION**

⤴ **Warnings** shall be issued for, but may not be limited to, the following:

- Running out of the ring, turning one's back to avoid fighting, falling to avoid fighting, using illegal techniques, striking illegal target areas, excessive contact.

⤴ **Disqualification** shall immediately occur for, but may not be limited to, the following:

- The issuance of a 2nd warning to the same competitor (the 2nd warning may be for a different infraction from the 1st warning); disrespectful attitude or poor sportsmanship as determined by all 5 judges; striking an illegal target area, using an illegal technique or using excessive contact that results in the inability of the opponent to continue the match as determined by the chief referee and/or medic.

❖ **ROUNDS**

❖ Each competitor will fight two (2) matches.

❖ Each match will consist of a single 2 minute continuous round.

❖ The total points earned in each of the two matches will be added together and the sum total will be translated into points earned for the competitors tournament team as follows:

Total points both fights	0	1	2	3	4	5	6	7	8	9	10	11 +
Points awarded to team	35	40	41	42	43	44	45	46	47	48	49	50

❖ In the event of a tie, both competitors will receive the same amount of points awarded to their respective teams.



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***INDIVIDUAL KUMITE (CONTINUED)***

**FINALS – KYU BELTS**

- ▲ Based on the highest combined points scored of the two matches, the following competitors will be selected to form 2 teams to compete in a Team Kumite exhibition during the finals:
  - Two Brown belt (1<sup>st</sup> and/or 2<sup>nd</sup> kyu) men
  - Two Brown belt (1<sup>st</sup> and/or 2<sup>nd</sup> kyu) women
  - Two Green belt (3<sup>rd</sup> and/or 4<sup>th</sup> kyu) men
  - Two Green Belt (3<sup>rd</sup> and/or 4<sup>th</sup> kyu) women
- ▲ Each team will consist of one of each of the above forming two teams of four competitors.
- ▲ See “Team Kumite” section for match rules and regulations.

**FINALS - BLACK BELT GRAND CHAMPIONSHIP COMPETITION**

- ▲ Based on the highest combined points scored of the two matches, the following competitors will be selected to move onto the Grand Championship exhibition during the finals:
  - Four Black Belt Men (any division)
  - Four Black Belt Women (any division)
- ▲ See “Grand Championship” section for match rules and regulations.

*In the event of a tie when determining which competitors move on to the Team Kumite and Grand Championship exhibition matches, the winners will be determined by using the combined total point differential of his/her individual matches.*

For example – The two highest scoring brown belt men have both earned a total combined score of 10 points for their two matches.

Competitor A

1 <sup>st</sup> match: he wins by a total of 6 to 3:	The point differential = 3 (6 minus 3)
2 <sup>nd</sup> match: he wins by a total of 4 to 1:	The point differential = 3 (4 minus 1)
Total points = 10	Total point differential = 6 (3 plus 3)

Competitor B

1 <sup>st</sup> match: he wins by a total of 8 to 1:	The point differential = 7 (8 minus 1)
2 <sup>nd</sup> match: he wins by a total of 2 to 1:	The point differential = 1 (2 minus 1)
Total points = 10	Total point differential = 8 (7 plus 1)

*Competitor B would move on to the Team exhibition match.*

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***TEAM KUMITE***

***(THIS EVENT IS EXHIBITION ONLY AND NO POINTS WILL BE AWARDED  
TO THE INDIVIDUAL COMPETITOR'S TOURNAMENT TEAM TOTAL)***

- ❖ Two teams of 4 competitors will be formed as described in the "Individual Kumite" rules in the preceding section.
- ❖ The 2 teams will compete against one another in the following Team Kumite format:
  - 2 Brown belts (1 man and 1 woman - 1<sup>st</sup> or 2<sup>nd</sup> kyu)
  - 2 Green belts (1 man and 1 woman - 3<sup>rd</sup> or 4<sup>th</sup> kyu)

**PRELIMINARY COMPETITION**

- ❖ Each match will consist of four 90 second continuous rounds.
  - ❖ Each team member will fight one round with the respective member of the opposing team (green vs. green, man vs. man) beginning with green belt level and ending with brown belt level.
  - ❖ One point will be awarded for techniques as laid out in the "Individual Kumite" rules in the preceding section.
  - ❖ In the event of a disqualification, the disqualified competitor will lose all points he/she accumulated in the individual match. The opposing competitor will keep the points he/she accumulated in addition to receiving two additional points.
  - ❖ After completion of all rounds, points from all 4 rounds will be totaled and the team who accumulates the most points will be the winner of the match.
  - ❖ In the event of a tie, there will be a 30-second rest period followed by a 1 minute Sudden Death Extension Round between the last two competitors.
    - ▲ If there is still no winner after a single extension round, all five judges will have one vote each (four corner judges plus the chief referee for a total of 5 votes) to determine the winner.
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***BREAKING***

**DIVISIONS:**

- ❖ There will be two divisions each for men and women

**MEN'S DIVISIONS**

CLASSIFICATION (ALL AGES)	WEIGHT
Light – Middleweight	under 175 lbs (under 79.5 kgs)
Light Heavy - Heavy	175-and over (79.5 kgs and over)

**WOMEN'S DIVISIONS**

CLASSIFICATION (ALL AGES)	WEIGHT
Light – Middleweight	under 140 lbs (under 63.5 kgs)
Light Heavy - Heavyweight	140 lbs and over (63.5 kgs and over)

**MATERIALS ALLOWED**

- ❖ There will be 4 materials allowed:
  - ▲ Boards – Standard Pine Lumber [dimensions = 1" x 12" x 10"]
    - Spacer size is 1" x 1" x 10"
  - ▲ Wooden baseball bats [Adult – 32"]
  - ▲ Solid Concrete Lightweight Blocks [dimensions = 1.5" x 16" x 8"]
  - ▲ Bricks –Standard Red (no holes) [dimensions = 2" x 8" x 4"]
- ❖ Competitors must supply their own material (*NO SUPPLIES WILL BE AVAILABLE FOR PURCHASE AT THE TOURNAMENT*)
- ❖ All materials will be checked by a breaking coordinator
- ❖ Concrete blocks, if needed for support, will be provided
- ❖ Competitors not using authorized materials will be automatically disqualified
- ❖ Each competitor is responsible for setting up and cleaning up after his/her break

**COMPETITION**

- ❖ Each competitor **must** perform **two** separate breaks.
  - ❖ Each break may consist of different materials and different weapons (e.g., the first break may consist of 3 boards broken with a shuto and the second break may consist of a mawashi geri through 2 concrete blocks).
    - ▲ If multiple set-ups are broken simultaneously (e.g., right and left / double koken strikes to each side executed at the same time) the break will be considered a single break
    - ▲ If, however, if any pause or hesitation occurs - however slight - between breaks (e.g., a right koken is executed to the right side and is immediately followed by a left koken to the left side) then this will be considered 2 separate breaks.
      - If the first break is not successful and a 2<sup>nd</sup> attempt it made, this is not considered 2 separate breaks.
    - ▲ If a question arises, the Head of the Breaking Committee will make the final determination as to what is considered a single break.
  - ❖ There will be a 30 second time limit for the entire break sequence.
    - ▲ If a competitor takes longer than 30 seconds there will be a 1 point penalty from each judge (e.g., if a judge would have scored the competitor a 9.5 upon completion, then the same judge must submit a score of 8.5).
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***BREAKING (CONTINUED)***

**SCORING**

- ❖ The first 3 competitors will perform their breaks without receiving a score. After the 3<sup>rd</sup> competitor completes his/her break, the first competitor will return to the ring and receive his/her score, followed in order by the 2<sup>nd</sup> and 3<sup>rd</sup> competitors.
    - ❖ The remaining competitors will receive their scores immediately following their breaks
  - ❖ Scoring will be on a 6 to 10 point scale
    - ▲ 1/2-points will be allowed from 6– 8.5 (6, 6.5, 7, 7.5, 8, 8.5)
    - ▲ Tenths of a point will be allowed from 8.5 – 10 (8.5, 8.6, 8.7, 8.8, 8.9, 9.0, 9.1, 9.2, 9.3, etc.)
  - ❖ Two attempts will be allowed for *each* set up. In order to be scored, **all** material must be cleanly broken.
    - ▲ The 2<sup>nd</sup> attempt on both set ups must be successful in order to be scored. If the 2<sup>nd</sup> attempt is successful, each judge must deduct ½ point for each 2<sup>nd</sup> attempt. Here are some examples:
      - The 1<sup>st</sup> setup is successful on the first attempt; the 2<sup>nd</sup> set up requires 2 attempts, the second of which is successful: each judge must deduct ½ point before scoring.
      - The 1<sup>st</sup> and 2<sup>nd</sup> setups both require a second attempt, both of which are successful: each judge must deduct 1 point before scoring.
      - The 1<sup>st</sup> setup is successful (after 1 or 2 attempts) but the 2<sup>nd</sup> setup is not successful on the second attempt: there will be no scoring.
  - ❖ The high and low score for each contestant will be dropped. The remaining 5 scores will then be added together, the sum of which will be the “Total Score” for the contestant’s performance.
  - ❖ The “Total Score” will be the number of points applied to the competitor’s tournament team overall score.
  
  - ❖ Scoring may be based on some, all, or any combination of the following criteria:
    - ▲ Successful execution as described on application
    - ▲ Originality / Creativity
    - ▲ Difficulty (e.g., use of spacers vs. no spacers)
    - ▲ Composure
    - ▲ Focus
    - ▲ Spirit
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**SOGO (OVERALL) CHAMPIONSHIP**

**ELIGIBILITY**

- ❖ Open for black belt competitors only
- ❖ A competitor must participate in **all events** (Kata, Weighted Kumite **and** Breaking)

**DETERMINING A WINNER**

- ❖ The competitor who has accumulated the most points based on the same scoring system as used for the Tournament Team scoring will be the Sogo champion.
  - ❖ *There will be one men's division winner and one women's division winner*
  
  - ❖ In the event of a tie, the following will be applied to the Breaking event score of the competitor:
    - ▲ The high and low scores will be added back in for a new total;
    - ▲ If a tie still exists the high and low scores will be dropped along with the next lowest score
      - If a tie continues to exist, the lowest score will continue to be dropped until there is only one score left;
  - ❖ In the event a tie still applies, the same formula will also be applied to the Kata event score of the competitor.
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**GRAND CHAMPIONSHIP**

- ❖ There will be a Grand Championship exhibition match for kumite with a separate division for men and women.
  - ❖ Competitors will be determined as per the “Individual Kumite” section.
  - ❖ Only weighted divisions can qualify for Grand Champion (competitors entering Senior divisions cannot qualify for Grand Champion).
- 
- ❖ There will be one division for men and one division for women.
  - ❖ Each Grand Champion competitor will fight a single 3 minute round.
  - ❖ The winners of the first fight (number 2 above) will then compete for Grand Champion for two continuous 2 minute rounds; there will be a 30 second rest period between rounds.
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- ❖ If the score is tied at end of any of the Grand Champion matches above, the following will apply:
    - ⤴ There will be a 30-second rest period followed by a 1 minute (point accumulating) extension round;
    - ⤴ If there is still no winner after the first extension round, there will be another 30-second rest period followed by a 1 minute Sudden Death Extension round;
    - ⤴ If there is still no winner after the Sudden Death Extension round, all five judges will have one vote each (four corner judges plus the chief referee for a total of 5 votes) to determine the winner.

The winner of the final rounds for each division (men and women) will be declared the Grand Champion.

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